

## A.S.P.I.R.E. Study System

### **A: Approach, attitude, and arrange.**

- Approach your studies with a positive attitude.
- Arrange your schedule to avoid distractions.

### **S: Select, survey, and scan.**

- Select a manageable amount of material to study for each session.
- Survey reading selections to get an overview; make an outline and list of questions.
- Scan text for key words and new vocabulary words.

### **P: Put aside and piece together.**

- After you have done your initial studying, put aside your books and notes.
- Piece together the information you have covered by summarizing what you have understood from your books, notes, class lectures, or other presentations.

### **I: Investigate and inquire.**

- Investigate other references to validate and reinforce information.
- Inquire or question others about anything you do not understand.
- Investigate/inquire can both include the research of expert opinion(s).

### **R: Reconsider, reflect, and relay.**

- Reconsider or reexamine the material, text, or content. Determine what questions still need to be answered. Is there anything you have missed? What is your overall analysis and criticism of the content?
- Reflect on how you can personally relate to the material. What are possible applications for what you have learned? Will it alter your viewpoint in the future?
- Relay your thoughts to someone else to reinforce and establish what you have learned.

### **E: Evaluate, examine, and explore.**

- Evaluate your grades on assignments and test. Look for a patterns—things done well, areas of success, and areas for improvement.
- Examine your progress in relation to reaching your goals.
- Explore your options to improve if you are not satisfied and determine how to move forward.